



POST- OPERATIVE INSTRUCTIONS CHEEK IMPLANTS

Suture removal is not necessary, as applied sutures are dissolvable (unless informed otherwise).

Apply ICE to the cheeks for the first 72 hours. Try to spend as much time as possible out of bed and sitting for the first 48 hours.

BEGIN taking the antibiotic the day of the procedure and continue for the next few days as prescribed.

Extra-strength Tylenol may be taken for discomfort.

RINSE your mouth 4 times a day with a mixed solution of $\frac{1}{2}$ peroxide and $\frac{1}{2}$ water.

BE CAREFUL brushing your teeth after the procedure. Brush gently after meals.

NOTIFY us of any excessive swelling or temperature changes.

It is normal to experience some swelling and check numbness after surgery.

This will resolve.

NOTIFY THE OFFICE OF ANY UNEXPECTED PROBLEMS.

Call Immediately For The Following

1. Fever 38.2°C, or 100.5°F
2. Sudden swelling or discoloration of the skin.
3. Bleeding or severe pain.
4. Discharge from the wound or other sign of infection.
5. Adverse reaction to medication with redness, itching, or difficulty breathing.
6. If your bandage seems too tight or otherwise uncomfortable call our office **(910)323-3757**.